



Latest News

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Visit our website for up to date news: [www.northfieldcentre.co.uk](http://www.northfieldcentre.co.uk)

**FREE — PLEASE TAKE A COPY**

Please pass on to someone else once you're finished and help spread the news and save a tree!



NATIONAL LOTTERY FUNDED



European Union  
European  
Social Fund

"We provide support for people furthest from the job market.

Our outreach service is available at Stafford Library every Thursday 9.30-12.00"

<https://www.enterprisesupport.org/building-better-opportunities/>

**Building Better Opportunities**  
Stafford & South Staffordshire

**Fuse**  
Enterprise Support Centre

CV BUILDING  
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1-2-1 SUPPORT

ADVICE & GUIDANCE  
WELLBEING SERVICES  
CONFIDENCE BUILDING

VOLUNTARY & WORK EXPERIENCE  
EMPLOYABILITY TRAINING  
COURSES & TRAINING

Call or email to find out more  
01785 248733  
info@northfieldcentre.co.uk

**Northfield Centre**  
Magnolia Avenue, Stafford, ST16 3DU

## 2 Building Better Opportunities Programme

**Building Better Opportunities** (BBO) programme is developing nicely and now has a diverse range of people that are furthest from the job market receiving help, guidance and support to address their barriers. Our current participants are now becoming more confident with increased social well-being and are more motivated to identifying suitable work placements, volunteering and job opportunities.

The programme aims to support people that are either unemployed or long term unemployed or have been inactive due to personal circumstances for a number of years, if you can identify yourself as fitting this description, we want to provide you with hands on, bespoke 1-2-1 information, advice and guidance that will build your confidence, knowledge and support to gain new skills and experiences that will ensure you are on the right track for a new career or secure sustainable employment.

We are part of a consortium of 15 partners across South Staffs and Stafford all with one aim to help you get your back on your feet and in the right direction for better future prospects.

### Do you have work placement opportunities?



Northfield Centre,  
Magnolia Avenue,  
Stafford, ST16 3DU

[Info@northfieldcentre.co.uk](mailto:Info@northfieldcentre.co.uk)

01785 248733

### Work Experience

- ◆ Are you a Stafford based Company?
- ◆ Are you looking to train local people?
- ◆ Would you be able offer a short term work placement opportunity?
- ◆ Can you help us?

Tracey would be interested to hear from local companies that may be interested in providing a few hours of their time to support the programme with mock interviews, work placement opportunities and hints and tips in what they would be looking for if and when employing a person.

*If you are interested please get in touch*

### 3 Work-Routes Programme

- ◇ Provides a progression route for BBO participant by supporting them to secure a job and providing ongoing support for up to 6 months once in an employed position.
- ◇ If you are looking to secure employment and need some help and support with CVs, Job applications or interview skills?

Get in touch!

This programme is co-financed by the European Social Fund

**Work Routes** helps unemployed people find and sustain employment. Our free service enables jobseekers to improve their skills and employability and create a personal plan to find the right job for them.

Regular 1-2-1 personal guidance is available from a friendly Adviser, as well as group training, financial support and exclusive local job vacancies.



**HOW CAN WE HELP YOU?**

- 1 SIGN UP**  
One of our job advisors will ring and see how we can help
- 2 1-2-1 MEETING**  
Meet a job advisor to develop your personal training and support plan
- 3 TAILORED TRAINING**  
Training through our volunteer/work placement scheme to gain skills and confidence
- 4 EXCLUSIVE VACANCIES**  
We'll help you find jobs not advertised anywhere else
- 5 LASTING SUPPORT**  
Ongoing help once you start work— support applying for more hours or promotion

**Have you been looking for work?**

Our friendly job advisor can help you find and start a role that's right for you

---

Sign up for Work Routes today!  
[workroutes.co.uk](http://workroutes.co.uk)



**Here to help**

## 4 Report

# Christmas Fair

The morning of the Christmas Fair could not have started any better as it did with the Salvation Army playing carols in the café. I would like to thank them again for joining us as I know they had a very busy day ahead.



Santa was in his grotto giving out presents to the children. A big thank you to councillor Jonathan Price and his wife Marnie for making this happen.



We had lots of stalls of different crafts and homemade items including lovely handmade cards and bags and cushions.



The Northfield Centre had a stall selling homemade cakes and mulled wine run by our volunteer Bobby Mitchell a big thank you to him for his time and also to volunteer Laura Thompson for all of her help in organising the event.



I hope everyone who had a stall and those who came to the fair had a great time.



Abi Davies



The Innovation Chamber Orchestra performed their 4th concert for us on the 16th of December. Their concert focused on a musical theme of Christmas included works by Corelli, Handel and Bach with an assortment of Christmas carols many from the well know third movement of Rondeau's Symphony NO. 36.



Charmian Baskefield who heads the committee running the ICO actively encouraged audience participation and everyone enjoyed singing the well-know selection of carols. An excellent post concert buffet was provided by Stepping Stones Café for which the orchestra and audience were extremely grateful.

**Innovation Chamber Orchestra presents**

**A SEASONAL CONCERT**  
**SATURDAY 16th**  
**DECEMBER 7:30PM**

A selection of seasonal music and carols to include:

- Corelli**  
Christmas Concerto (excerpt)
- Handel**  
Arrival of the Queen of Sheba
- Carols such as Carol of the Drum, Away in a Manger, Silent Night, The Holly and the Ivy

**Conductor**  
**Edward Doody**

**NORTHFIELD CENTRE, MAGNOLIA AVE (off Cooperative St), STAFFORD, ST16 3DU**  
**TICKETS £7 (CONCESSIONS £5) ON THE DOOR**

## **5** Donations



The Northfield Centre has been the fortunate recipient of many donations from some of its regular customers. On behalf of the centre we wish to thank everyone who has given donations to us this year.

Donations help us to deliver some of the wonderful events that are reported within this edition they also help us to assist user groups to access this wonderful facility by helping them fund their room hire.

A Special thankyou to the Rotary Club Staffordshire Knot who have donated funds which we plan to use to help fund our “Commemorative Stone– reminiscence Project” scheduled to take place in April 2018

A Special thankyou to the Photographic Society who make regular donations of funds and fabulous photographs for us to sell. We have used these funds to help us run the Christmas Fair and Family Fun events. The Photographic Society also kindly take many beautiful photographs of our events which provide us excellent lasting memories.

Thank you to Screwfix for their donation of £198 that supported our Christmas Fayre event on Saturday 1<sup>st</sup> December. A say a special thanks to Gez Prendergast for helping with the application form and supporting our charity (check) also Andrew Gould, a Screwfix employee, who presented the cheque to Jean Jarvis, FUSE’s Managing Director.

To everyone who have donated funds, items and even their time to help the Northfield Centre to be able to keep offering the wonderful things that go on here.

*Thank  
You*

# COME JOIN US UPCOMING EVENTS...

## FAMILY FUN



We have children activity days planned for the February half term, Easter half term and the summer holidays and October half term. Christmas time

On 4th April 2018 we have Staffordshire Wildlife Trust delivering a kids activity session including den building, bug hunting and natural crafts for 3-10 year olds. If you would like to book your child onto the session please contact reception at the Centre. It is a two hour session with lunch in the middle and costs £5 per child. All children are to be accompanied by an adult.

# Tracey Gould the new - BBO Community

## Engagement and Volunteer Co-ordinator

Well, it's been 5 months since I came into this role and what a whirl-wind and now Christmas is upon us!

Since June, Building Better Opportunities (BBO) programme funded by the Big Lottery Fund and European Social Fund has supported 22 participants with 1 participant exiting to search for a job and 2 others have progressed to Work Routes.

The participants we have supported have either been unemployed and are struggling to secure employment or they have been economically inactive due to their personal circumstances. We are here to support all our participants through a personal path to increase their confidence and identify the right opportunities for them. We have provided the opportunity to access free training, 1-2-1 appointments with our Career Coach, work experience and volunteering opportunities increase their skills.

Work Routes is seen as a progression route from BBO supporting unemployed people to secure a job by providing ongoing support for up to 6 months in once a participant is in an employed position.

I have recently completed REED training and although we are behind in our targets, we are starting to identify participants that meet the criteria and two clients have been successfully enrolled onto the programme.

We still have a way to go so if you are looking to secure employment and need some help and support with CVs, Job applications or interview skills please get in touch.

### **BBO Outreach Drop In's**

Every Thursday morning, I am based at Stafford Library, 9.30 – 12.00 as an outreach opportunity to meet local people requiring information and advice to access support in securing employment.

Every Tuesday, I am based in Stafford Manor High school new community hub between 9.30 – 12.30 providing advice and guidance to work towards securing employment.

### **Other links and projects**

Cllr Jonathan Price's surgeries are every last Saturday with December being an extra busy month for our councillor, as he offered to be Northfield's Santa for the Christmas Fayre.

FUSE Enterprise CiC Ltd are pleased to be approved as an official member of the Dementia Action Alliance (DAA) I would like to say thanks to Diane Wallace for her assistance with the process. As an organisation we are keen to ensure that the Northfield centre is a dementia friendly community hub and have agreed the following actions:

# Building Better Opportunities

Raise staff awareness of dementia and the sessions that are carried out to support them.

Improve our customer's experience by training customer-facing staff in how to communicate effectively and create a more dementia-friendly environment

We have a the newly formed Northfield Action Group (NAG), with representative from the partners of Northfield Village and local residents. The group will be fundraising to help fund future events at Northfield Village.

I have represented FUSE at the Community Well-being Working Group and delivered BBO presentations at the Healthy and Wellbeing Centre Patients Participation Group meeting, Job centre, Wrekin Housing Trust and other housing association meetings. I have held various 1-2-1 meetings with partner organisations to raise awareness of FUSE and the BBO programme.

I have Attended community events in Stafford Town centre with Staffordshire Fire Service and held a volunteer day event with Abi Davies at Asda in Stafford .

## Exercise on Prescription

Amy Howard is a Northfield Centre

volunteer and has offered to co-ordinate the exercise on prescription programme she will provide details of a diverse range of exercise and activities to suit all ages ranges and abilities.

Working in partnership with Lynne Johnson, Practice Manager at Stafford Health and Wellbeing centre, the proposed exercise on prescription programme will be prescribed for those patients who require to take up fitness exercise, for those who are struggling with obesity and at risk of strokes and heart disease, along with sufferers of stress, back pain, osteoporosis and diabetes. This will increase their health, well-being and self-confidence.

If you'd like to find out any further information about any of the projects and activities, or if you would like to volunteer, please come in and have a chat.



Tracey





**Stepping  
Stones Café**

# Notice Board



**Christmas and New Year  
Opening Hours**



**Christmas Day**  
(Breakfast will only be served until 10am  
Lunch is to be booked in advance)

**Boxing Day**

**New Year's Day**

8.30am to 3.00 pm

8.30am to 3.30 pm

8.30am to 3.00 pm

***New Year's Eve Party***  
***7pm - 1am***  
***Buffet with entertainment provided***  
***By a local D.J.***



**2018** **£7.00**  
per head







## Stepping Stones Café

**LOCALLY SOURCED  
FRESH FOOD**

Stepping Stones Café and bar serves a range of delicious, locally sourced, food throughout the day and provides a wonderful setting to enjoy one of our delicious Barista style coffees with our renowned cakes



The special large breakfast offer including a free tea, coffee or orange juice has proven so popular that we are going to extend the offer into the autumn.

With the autumn fast approaching we are putting on a new menu incorporating a variety of healthy home made soups, stew and casseroles ideal for the cooler weather. You can even enjoy a cool glass of our crisp Sauvignon Blanc or a delightfully Shiraz in our lounge area.

All our patrons are welcome to use our free Wi-Fi or public access computers at the Northfield Centre.

The café provides its excellent coffees, cakes and sandwiches to take away too. So if you are in a rush and haven't time to stay and enjoy the ambience then don't feel you need to miss out!

The Café is also available to hire for events, parties or functions with renowned bespoke buffets and we can offer a licensed bar too.

The Stepping Stones Café support us to help raise funds which are ploughed back into the centre.



Jane Godfrey Chef Manager



Cerebral Palsy Mid Staffordshire celebrated it's 60th Anniversary this year and an evening buffet was held at the Northfield Centre in Stafford on 9th October to mark the occasion.

The evening was a great success with some of our members attending and many learners from the computer centre. We were very pleased that so many people joined us on this auspicious occasion. All those who attended had a very enjoyable evening.

The event was only marred by the absence of Mrs Betty Cartman who was instrumental in helping to set up the charity. Sadly Mrs Cartman passed away in September 2017 at the age of 89. Her son, Paul Cartman and his wife Christine, were at the event and Paul gave a very moving speech about his mother and his experience of being a child with CP and how his mother encouraged and supported him throughout his life. She will be greatly missed.



Mr Paul Cartman and his wife Christine



Left to right: The Mayor of Stafford Borough Council Aiden Godfrey, Councillor John Francis, Robert Tedstone (Chairman CPMS)

The Mayor of Stafford, Councillor Aidan Godfrey, thanked the charity for their dedication and hard work over the years.

## Computer Centre

Northfield Centre, Stafford, ST16 3BZ

The Computer Centre always has a very busy but enjoyable month in December, with everyone making personalised Christmas cards and calendars. They're a very sociable and friendly group who have great fun whilst learning new skills. The Computer Centre is a gateway into learning in an informal and relaxed environment. It offers individualised learning activities which reflect the learners' hobbies and interests.

It is a great way to meet new people and make new friends.



Gayner

If you are over the age of 18 and would like to learn new computer skills, then please telephone Linda at the Computer Centre (Tues - Friday afternoon) for further information. She would be very happy to speak to you about what



the centre could offer you. If you would prefer to speak to Linda in person just call into the Computer centre Tuesday - Friday afternoons between 1.00pm and 3.30pm.

There are places available in the New Year, so why not pick up the phone and come and join us, we would love to see you.

The Computer Centre is in the Northfield Centre, Co-operative Street, Stafford ST16 3BZ.



Groove Academy is leaving 2017 on such a high that we are going to land in the New Year on our 'dancing feet'.

The growth in classes has brilliant and set to continue. To accommodate this the new timetable has even more to offer. Firstly the children's classes are going to also be on a Wednesday after school to compliment the Saturday morning classes. We have so much we want to teach them that we can't fit it into 1 day. They will be learning Ballroom, Freestyle, Latin and Musical Theatre.

Our adult classes continue to boom with the dance classes v=being the most popular, possibly due to the success of Strictly, we are not sure.

To support our all over experience, we are introducing Pilates. This class is designed to help improve your posture, build strength and alignment and was originally designed for rehabilitation. We are bringing this on to the timetable in 2 different was. Firstly as a 6 week 'Fundamentals' course. In this we give you your own mat and block, then slowly build your confidence and body awareness in this course. We will also be holding weekly morning and evening classes as part of the new timetable.

It doesn't stop there, we will also be holding workshops and courses in different dance styles to either introduce you to dance or to perfect a particular dance skill. These start with Charleston and Lindy Hop and continue over the next few months with Waltz and Cha cha to name but a few.

More details can be found on our website or feel free to call us.

**Kate Beauchamp**

◆ email

[enquiries@grooveacademy.co.uk](mailto:enquiries@grooveacademy.co.uk)

◆ Tel:01785 413 230



**Wedding Dances**

There is probably only one moment on your wedding day that the 2 of you are truly alone.... your 1st dance. Now this could be an awkward 3 minute sway or with our help, an amazing moment to share and impress the wedding party with. Start your married life how you mean to go on.....together, having fun. Ask at reception for further details or email: [info@grooveacademy.co.uk](mailto:info@grooveacademy.co.uk)



**Private Lessons**

Do you have a burning desire to learn to dance but don't want to be part of a class. Do you want to fast track through those beginners steps or wish to perfect a dance style with specific lessons. Consider having a Private lesson where you are the centre of attention to reach your particular goals. Ask at reception for further details or email: [info@grooveacademy.co.uk](mailto:info@grooveacademy.co.uk)

**Children's Dance Parties**

With many dance themes to choose from, we would love to help entertain your children as they celebrate their next birthday. From Super Heros to Disney Divas, please call to discuss this further or email: [info@grooveacademy.co.uk](mailto:info@grooveacademy.co.uk)



**BRING A BUDDY**  
*Voucher*  
**& RECEIVE A FREE BOTTLE OF WINE**

Terms & conditions apply. Book on-line or call 01785 413 230

I wish I'd done this sooner! Laura - Stafford

**TRY OUR NEW APP**

Have you ever said "I've always wanted to... Learn to dance, Have a better social life, Have a flatter tummy, Learn to relax more or see my child's confidence soar"? Then visit us at:

**Northfield Centre**

■ The Northfield Centre  
Magnolia Avenue, Stafford ST16 3DU  
*Directions by Car -*  
Access via Co-operative St, 2 right turn (ST16 3DA sat nav)  
*Directions on foot -*  
Access off Stone Road along Magnolia Avenue

■ St Dominic's Social Hall  
Station Road, Stone, ST15 8EW  
**Email Us at: [info@grooveacademy.co.uk](mailto:info@grooveacademy.co.uk)**



**01785 413 230**  
[www.grooveacademy.co.uk](http://www.grooveacademy.co.uk)

GrooveAcademyDance GrooveAcademyUK



**A WORLD OF DANCE & FITNESS**  
Try Something **NEW**



WE GUARANTEE you'll be able to do the moves taught & have loads of fun..... or your money back!

**01785 413 230**  
[www.grooveacademy.co.uk](http://www.grooveacademy.co.uk)

GrooveAcademyDance GrooveAcademyUK

## Class Descriptions

- **Mini Groovers** - Ideal introduction into many different dance styles. From Ballroom to Disco, Latin to Musical Theatre for 5-8yrs. Your 'little darlings' will blossom.
- **Dancing Divas & Dudes** - A chance for the children to express themselves on the dance floor. Ballroom, Latin, Street, Musical Theatre for 9yrs+
- **Zumba** - Combines Latin and world music with a fun and effective workout
- **Zumba GOLD** - A workout for those new to exercise or not keen on bouncing or twisting
- **Rock n Roll** - You may be too young to have Bopped in the 50s. Embrace the music & the moves with us.
- **Salsa** - Come along to learn this social dance. Get fitter and learn to dance whilst laughing loads. Free social dancing for anyone & everyone to join us.
- **Hatha Yoga** - a relaxing class that takes you through yoga poses and relaxation.
- **TAPfit** - An easy to follow, high calorie burn, total body workout using different tap dancing styles. No tap dancing experience or tap shoes required as all equipment is provided with bags of fun.
- **Pilates Fundamentals** - Smaller class run as 6 week courses to ensure individual attention whilst you master the principles of Pilates. Perfect for posture and core strengthening.
- **Pilates** - A progressive class to help develop your core and all over strength. We aim to balance out your body to combat the demands of everyday life.
- **Bachata/Kizomba** - the most recent social dance styles to take to the floor. The African and Caribbean influences are infectious.

Payment Options Available. Discounted block bookings or monthly membership with added benefits. Call for more info.



## Timetable

I have just come out of Yoga & feel so chilled!  
- Gerry, Stafford

Friendly & patient teachers make the Salsa classes fun. I'm glad I found Groove Academy!  
- Chris, Newcastle-U-Lyme

Loving TAPfit as it challenges your body and your head a little!  
- Dawn, Stafford

Monday	■ 9.30-10.30am	■ Pilates	bring a mat/block
	■ 6.00-6.45pm	■ Pilates Fundamentals x6 w/ks	mat/block provided
	■ 6.45-7.45pm	■ Zumba	
	■ 8.00-8.45pm	■ Rock n Roll	
Tuesday	■ 9.30-10.30am	■ Zumba GOLD	
	■ 10.30-11.30am	■ Hatha Yoga	bring a mat/block
	■ 7.00-7.45pm	■ TAPfit	equipment provided
	■ 8.00-9.00pm	■ Bachata/Kizomba	beginner/improver
Wednesday	■ 4.15-5.15pm	■ Mini Groovers	
	■ 5.15-6.15pm	■ Dancing Divas	
	■ 6.30-7.15pm	■ TAPfit	equipment provided
	■ 7.30-8.30pm	■ Zumba	
	■ 7.30-8.30pm	■ Pilates	bring a mat/block
	■ 8.35-9.35pm	■ Courses & Workshops	details on the website
Thursday	■ 7.30-8.15pm	■ Salsa	beginner/improver
	■ 8.15-8.45pm	■ FREE Social Dancing	
	■ 8.45-9.30pm	■ Salsa	Intermediate
Friday	■ 9.30-10.30am	■ Zumba	
	■ 10.30-11.30am	■ Hatha Yoga	bring a mat/block
Saturday	■ 9.00-9.45am	■ TAPfit	equipment provided
	■ 10.00-11.00am	■ Mini Groovers	
	■ 11.00-12.00pm	■ Dancing Divas & Dudes	

We also host workshops in different dance styles - details on the website - [www.grooveacademy.co.uk/events](http://www.grooveacademy.co.uk/events)

■ Stafford Venue ■ Stone Venue ■ Children ■ Adults ■ Seniors

Timetable as of 1st January 2018. Classes are correct at time of print - We do our best to ensure all classes run as stated. View on the website for current timetable.





*Where your photography comes to life!*

Stafford Photographic Society was formed in 1895 and It is one of the oldest photographic societies in the Midlands.

We have been meeting at the Northfield Centre for just over a year now and all our members and guests have been very complimentary about the facilities and the cooperative staff

We have a wide range of guest speakers over the year covering a broad range of subjects including travel, wildlife, landscapes, sports photography and photographic techniques. We also have our own internal competitions where members present their best images for scrutiny by external judges.

Once a month we meet at the Fire Station in Stone for our 'Question & Answer' session where members set the agenda to discuss images they have taken or ask questions about their photographic equipment

The Society continues to have success in local and national competitions and was awarded joint first in a national print competition run by Photographic Alliance of Great Britain (PAGB) in October 2015. The PAGB has over a thousand clubs throughout the UK and is internationally recognized as a major organization in the world of photography. The best we had done previously was coming second in 2003

The Society is always looking for new members of all abilities who wish to pursue their interest in photography, everyone is welcome whether you are using a phone camera or an expensive SLR camera, why not come along and see for yourself and take advantage of the wonderful facilities. We meet every Tuesday night from the 1st of September to the end of May at the Northfield Centre from 7.30 to 10.00 pm.



Presented by B-Hive Events. Design by Remix Factory Media.

SUPPORTED ADULTS

# DISCO

£4 ENTRY 8PM - LATE  
£2 for carers & support workers

PRESENTED BY THE B-HIVE  
SPONSORED BY HAYWARD BEFRIENDING

FREE PARKING  
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INDIVIDUALS & GROUPS WELCOME

## NORTHFIELD CENTRE

STAFFORD -

Magnolia Avenue  
off Co-Operative Street  
Stafford, ST16 3DU

### HOW TO FIND US:

Pass Tenpin Stafford bowling alley (ST16 2SD), follow A34 to island. Take 2nd exit staying on A34. Co-Operative Street is 5th turn-off on the right.

CALL 07929 248 834 FOR DETAILS  
or e-mail THEBHIVE@OUTLOOK.COM



# PARKINSON'S<sup>UK</sup> CHANGE ATTITUDES. FIND A CURE. JOIN US.

## PARKINSON'S<sup>UK</sup> CHANGE ATTITUDES. FIND A CURE. JOIN US.

We have lots of activities. For example a lot of us play crown green bowls. We were offered some free coaching and we enjoyed it so much that we even have a team in a local league! Some of the bowlers so enjoyed playing that they meet over the closed season, play cards and get ready for the new season!

We meet at the Amasal Sports Club, St. Alban's Road, Stafford.



Give Steve Turner a ring on 01785 229437 for details.

### *Who can we contact?*

*Our Chair is Cynthia Darley,  
01785 254246*

*Our Secretary is Hilda Sharp  
01785 817866*

*One of many  
Committee members is  
Steve Turner  
01785 229437*

*Chase Group Geoff Chandler  
01543 425819*

### *Where and when do we meet?*

*Stafford Branch meet at 7.30pm on the  
first Monday of the month at:  
Northfield Centre  
Co-operative Street  
Stafford  
ST16 3BZ*

*Chase Group meet at 7:30pm on the  
last Monday of the month at:  
The Aquarius Centre  
Victoria Shopping Park  
Hednesford  
WS12 1BT*

*If you need help with directions, just  
give us a call.*

## *Parkinson's UK Stafford and Chase Branch*

### *Who are we?*

*We are the  
Stafford and Chase Branch  
of the National Charity  
Parkinson's UK*

### *What do we do?*

*We do a lot to support people  
with the condition and also their  
families, their carers and medi-  
cal staff. We meet regularly once  
a month and we have speakers  
from all walks of life, not just  
about Parkinson's itself.*

*We go on trips which, like all  
our events, are free to members  
and we raise funds for these  
events as well as for research  
into the condition.*

# German Classes

Thursdays in Stowe Room  
10am-12pm

Please contact Alison Kirsch  
email - [alison.kirsch@ntlworld.com](mailto:alison.kirsch@ntlworld.com)



“With 25 years’ experience as a German teacher, I have optimised my own strategy for teaching effectively and accurately. You might be learning German for business, to relocate, to pass a GCSE or A level or for pleasure. I can ensure you will be able to communicate in meaningful and accurate German within hours.

The most important element of learning a language is to be able to speak it with confidence and accuracy.

I have been here at the Northfield Centre since September 2015. I have been operating in school term time on Thursdays”

Alison Kirsch offers a unique German language training service to individuals and businesses in Staffordshire, Shropshire and the West Midlands.



**Dementia Friends**

# Limewood's Dementia Outreach Manager's Report

## Limewood residents showcase artwork in VIP exhibition opening!

A host of special guests from across health, care and the arts attended the VIP launch of 'This Way UP' – an exhibition of art created by Limewood residents – our specialist dementia care centre in Stafford.

Led by professional artists, the creative wellbeing project was run by Creative Health. Workshops were developed specifically for Limewood residents. Residents worked with collage, ceramics, cyanotypes, textiles, inks, drawing, painting, felt making, print and sculpture. A project like this brings people together, allows them to share moments and to create with others.

The benefits art bring to an individual is significant. Diane Wallace, Dementia Outreach Manager, Limewood, said, "I've seen people who've got a very short attention span, show such improvement in concentration and communication. They're more relaxed in the evening and less anxious. I think that's amazing."



  
**CHOICES**  
Your Life, Your Choice



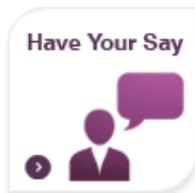
Dianne Wallace

Mark Your Calendars

UPCOMING **EVENTS**



On the last Saturday of every month between 10 am—12pm Councillor Jonathan Price will be holding a surgery in the café area of Northfield Village Community Hub.



On the last Saturday of every month between 10 am—12pm Councillor Jonathan Price will be holding a surgery in the café area of Northfield Village Community Hub



There will be a quiz in the lounge area of the Hub on the last Friday of every month beginning in February at 7pm.



We will be holding a Race Night in the Hub lounge on Friday 8<sup>th</sup> June (time to be confirmed).



From the 10<sup>th</sup> January Building better Opportunities will be holding fortnightly work clubs at the Centre. So if you are looking for work and want some help with job searching, your CV, job applications or benefits advice then please drop in and have a chat.



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or  
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for NEW PATIENTS

T&Cs Apply

First Floor, The Northfield Centre  
Co-Operative Street,  
Stafford  
ST16 3DU

To book an Appointment  
Call 01785 747 505

## Our therapists



Georgios Christopoulos



Deirion Sookram



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**NEW!**

**Northfield Work Club**

**Drop In**

**Wednesday 10th January**

**10:00—12:00**

If you need help with job searching, job applications, CV updating, benefit advice and training opportunities **then come along and talk to our friendly advisors .**

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